

## **Hilltop Camp**

### Challenge Course Consent to Release

A challenge course (or “ropes course”) is a series of challenges designed to improve the performance and cohesiveness of the participants. All of the challenging activities are conducted within a safe, fun, and supportive atmosphere. The challenge course offers participants an opportunity for team building, establishing trust, encouraging cooperation, and emphasizing communication, while becoming effective group problem solvers. The course capitalizes on experimental learning from fun games and enjoyable initiative challenges. The personal and group experiences gained through participation may be used as a metaphor for personal, spiritual, and professional challenges in everyday life. Participation in the individual elements of the challenge course is voluntary, but all members of a participating team may be required to attend all or certain portions of the events in order to offer encouragement and support to their participating team members. All participants, and their legal guardians – whether passive or active – are required to sign this form.

#### **Hold Harmless Agreement**

1. In consideration for participating in the Hilltop Camp challenge course, and other valuable considerations, I hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT TO SUE Hilltop Camp & Conference Center, its programs, members of its Board of Directors (individually, or collectively), any camp leadership, camp employees, camp volunteers, camp vendors, the STATE OF TEXAS, their officers, servants, agents, and employees (hereinafter referred to as RELEASEES) from any and all liability, claims, demands, actions, causes of action whatsoever arising out of or related to the camp and its activities.
2. To the best of my knowledge, I can fully participate in this activity. I am fully aware of risks and hazards connected with the activity, included but not limited to the risks as noted herein, and I hereby elect to voluntarily participate in said activity, and to enter the above-named premises and engage in such activity, knowing that the activity, knowing that the activity may be hazardous to me and my property. I voluntarily assume full responsibility for any risks of loss, property damage, or personal injury, including death, that may be sustained by me or any loss or damage to property owned by me, as a result of being engaged in such an activity, whether caused by the negligence of release or otherwise.
3. I further hereby agree to indemnify and hold harmless the releasees from any loss, liability, damage, or costs, including court costs and attorney’s fees, that may incur due to my participation in said activity, whether caused by the negligence of releases of releasees or otherwise.
4. I understand that Hilltop Camp, its programs, its sponsors, or related entities will not be responsible for any costs, medical or otherwise, associated with any injury that I may experience, except for minor first aid.
5. I further agree to become familiar with the rules and regulations of Hilltop Camp concerning camper and/or participation conduct, and I agree not to violate said rules in any form. I further assume the complete risk of any activity done in violation or any rule, directive, or instruction.

#### **Health, Physical Fitness, and Risk**

I acknowledge that I incur risks when participating in the challenge course, and that the proposed activity requires participation in physical activities that are, by their nature, physically demanding, sometimes positioning the participant 50 feet above the ground. I acknowledge that may of the activities will cause surges in blood pressure, respiration, and pulse rate, and that I must be free of any heart-related or other diseases. Therefore, I affirm that I am free of medical, psychological, or physical conditions that might create undue risk to me or others that depend on me. I also affirm that I am not, nor will I be during my time on the camp property, under the influence of any chemical substance that would put me or others at risk of harm when I participate in these activities. I affirm that, if I have doubt about my physical or

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psychological wellbeing, I will consult with a medical professional and receive his/her approval before participating in these activities.

**Representation and Emergency Authorization**

I hereby give permission to medical personnel to provide medical services, including, but not limited to, injections and/or anesthesia and/or surgery for me or my child as named below. I further agree to assume responsibility for the costs of any specialized evacuation and of any medical care, and I acknowledge that these costs are the financial responsibility of the undersigned.

I have read and understood the terms of this CONSENT TO RELEASE document, and I am/my child is aware of the risks involved in participating in the challenge course activities and the injuries that may occur. I voluntarily agree/my child voluntarily agrees to participate in the herein described activities.

In signing this release, I acknowledge and represent that I have read the foregoing Waiver of Liability and Hold Harmless Agreement, that I understand it, and I sign voluntarily as my own free act and deed. No oral representations, statements of inducements – apart from the foregoing agreement – have been made. I am fully competent, and I execute this RELEASE for full, adequate, and complete consideration fully intending to be bound by the same.

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Participant's name (print)

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Parent/guardian name (print)

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Signature (parent/guardian if participant under 18)

Date: \_\_\_\_ / \_\_\_\_ / 20 \_\_\_\_